

## **Additions to SPINZ Library, NZ Research, 2006-2007**

March 2007

Note links are subject to change, if abstract link fails search at  
<http://www.ncbi.nlm.nih.gov/entrez/query.fcgi>

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*SPINZ Library: New Zealand Research Collection*  
Fact sheet  
INJ  
2006

**2006**

### **Injuries among "Asian" peoples in New Zealand: an epidemiological profile**

Published:  
Auckland, Injury Prevention Research Centre, The University of Auckland

Asian peoples  
New Zealand  
Epidemiology

Website:  
<http://www.health.auckland.ac.nz/ipc/pdf/fs73.pdf>

notes:  
2 pages

Series: Fact sheet number 73

Added:  
7 August 2006

record id: 5736

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*SPINZ Library: New Zealand Research Collection*  
Document  
PRO  
2006

**2006**

### **Professional development seminar: Dr Graham Martin presentation on youth suicide prevention, 19 and 20 June 2006 held at Epsom Faculty of Education Campus, University of Auckland / notes by Magnum Tuipulotu**

New Zealand  
Youth suicide

notes:  
notes on 2 day seminar organised by Professional Development Seminars, Auckland  
<http://www.pdseminars.co.nz/index.htm>

7 pages

Added:  
7 August 2006

record id: 5737

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*SPINZ Library: New Zealand Research Collection*  
Document  
REQ  
2006

**2006**

**Request for proposal - support for families/whanau and significant others after a suicide or suicide attempt**

Published:  
Wellington, Ministry of Health

New Zealand  
Postvention  
Bereavement  
Suicide attempts  
Support groups

Website:  
<http://www.moh.govt.nz/moh.nsf/pagesmh/4668>

notes:

"The Ministry of Health is seeking proposals from providers to deliver safe and appropriate support services to family members, whanau and significant others bereaved by a suicide and/or affected by a suicide attempt. A national service model is preferred, however this is not intended to preclude regional proposals as all proposals will be considered on their own merit. Proposals to administer the Crisis Response Fund are also invited"

As a result of feedback to the Ministry of Health, the decision has been made to extend the timeframe for the Support for Families RFP until 28 July 2006 for response.

Explanation of the RFP:

For the delivery of information, training and services to meet the needs of family/whanau, friends and others following a suicide or suicide attempt, and to reduce the potential for suicide contagion. This RFP seeks the following approaches to achieve this goal:

1. Development of services to support those affected by a) a suicide or b) suicide attempt
2. Administration of the Crisis Response Fund.

includes documents:

Support For Families/whanau and Significant Others After a Suicide or Suicide Attempt (pdf, 265.98 kB)

Evaluation Template (pdf, 105.81 kB)

Added:  
14 August 2006

record id: 5776

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SPINZ Library: **Maori Research Collection**  
REQ  
2006

**2006**

**Request for proposal - resource development: Maori suicide prevention**

Published:  
Ministry of Health

New Zealand  
Maori

Website:  
<http://www.moh.govt.nz/moh.nsf/238fd5fb4fd051844c256669006aed57/7ce2ef65b12865b1cc25713e0013ffba?OpenDocument>

notes:  
10 pages

"The Ministry is looking for the development of a community action focused resource, which can be used alongside other initiatives and resources to assist Maori communities to develop and implement activities aimed at reducing the incidence of suicide and attempted suicide within whanau, hapu and Iwi. Broadly this resource will act as a tool for Maori communities to translate the broad goals of the new all-age New Zealand Suicide Prevention Strategy into community action.

Proposals for services should be based on the principles of the draft New Zealand Suicide Prevention Strategy:

- evidence and strengths-based approach
- responsiveness to Maori
- valuing our diverse communities, people and cultures
- leadership and collective responsibility
- long-term approach, monitoring and evaluation

and the four pathways of He Korowai Oranga: Maori Health Strategy:

- whanau, hapū, iwi and community development
- Maori participation
- effective service delivery
- working across sectors"
- MOH website

Added:  
15 August 2006

record id: 5782

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SPINZ Library: **Pacific Peoples Research Collection**  
Fact sheet  
PAC  
2006

**2006**

**Pacific youth suicide prevention - no one is an island - you are not alone.**

Published:  
Sydney, Sydney West Area Health Service

Pacific peoples  
Australia  
Prevention  
Depression  
Ethnic Minorities

Website:  
<http://www.swahs.health.nsw.gov.au/services/publicaffairs/publications.htm>

notes:  
3 fact sheets, each 4 pages, in these languages:  
English/Fijian;  
English/Samoan;  
English/Tongan;

"Partnerships: Sydney West Area Health Services and Pacific communities in Blacktown/Mt. Druitt"

Series: Pacific youth suicide prevention - no one is an island - you are not alone

Added:  
31 January 2007

record id: 5903

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*SPINZ Library: New Zealand Research Collection*  
*Fact sheet*  
*NEW*  
*2006*

**2006**

**The New Zealand injury burden.**

Published:  
Auckland, Safe Communities Foundation New Zealand (SCFNZ)

New Zealand  
Injury rate  
Statistics

Website:  
<http://www.safecommunities.co.nz/resources/factsheets/FS%201%20injuryburden.pdf>

notes:  
Updated Oct. 2006  
4 pages.

Series: Factsheet #1

Added:  
1 February 2007

record id: 5926

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SPINZ Library: **New Zealand Research Collection**  
AND  
2006

**2006**

**Andrews, Gavin**

**Implications for intervention and prevention from the New Zealand and Australian mental health surveys.**

**in:**

**Australian and New Zealand Journal of Psychiatry, 40(10), 827-829**

New Zealand  
Mental health

link to abstract:

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list\\_uids=16959007](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list_uids=16959007)

notes:

Editorial, "There are 11 papers from [Te Rau Hinengaro] the NZ National Mental Health Survey in this issue."

Added:  
11 January 2007

record id: 5821

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SPINZ Library: **Maori Research Collection**  
Research article  
BAX  
2006

**2006**

**Baxter, Joanne**  
**Kingi Te Kani**  
**Tapsell, Rees**  
**Durie, Mason**  
**McGee, Magnus A.**

**Prevalence of mental disorders among Maori in Te Rau Hinengaro: the New Zealand Mental Health Survey**

**in:**

**Australian and New Zealand Journal of Psychiatry, 40(10), 914-923.**

Maori  
New Zealand  
Mental health

link to abstract:

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list\\_uids=16959018](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list_uids=16959018)

notes:

for the New Zealand Mental Health Research Team.

Added:

12 January 2007

record id: 5822

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*SPINZ Library: New Zealand Research Collection*

*Research article*

*BAX*

*2006*

**2006**

**Baxter, Joanne**  
**Kokaua, Jesse**  
**Wells, J. Elisabeth**  
**McGee, Magnus A.**  
**Oakley Browne, Mark A.**

**Ethnic comparisons of the 12 month prevalence of mental disorders and treatment contact in Te Rau Hinengaro: the New Zealand Mental Health Survey.**

**in:**

**Australian and New Zealand Journal of Psychiatry, 40(10), 905-913.**

Ethnicity  
Mental illness  
New Zealand

Survey

link to abstract:

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list\\_uids=16959017](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list_uids=16959017)

notes:

for the New Zealand Mental Health Survey Research Team.

Added:

1 March 2007

record id: 5956

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SPINZ Library: **New Zealand Research Collection**  
Research article  
BEAU  
2006

**2006**

**Beautrais Annette L.  
Fergusson, David M.  
Horwood, L. John**

**Firearms legislation and reductions in firearm-related suicide deaths in New Zealand**

**in:**  
**Australian and New Zealand Journal of Psychiatry, 40(3), 253-259**

New Zealand  
Access to means  
Firearms

Quantitative

link to abstract:  
[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?db=pubmed&cmd=Retrieve&dopt=AbstractPlus&list\\_uids=16476153](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?db=pubmed&cmd=Retrieve&dopt=AbstractPlus&list_uids=16476153)

Added:  
20 March 2006

record id: 5637

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SPINZ Library: **Maori Research Collection**  
Research article  
BEAU  
2006

**2006**

**Beautrais Annette L.  
Fergusson David M.**

**Indigenous suicide in New Zealand**

**in:**  
**Archives of suicide research, 10(2), 159-168.**

Maori  
New Zealand  
Indigenous peoples

abstract: "Reviews explanations for the observed rates of suicide in Maori, and examines approaches to effective intervention to reduce rates of suicide in young Maori"

link to abstract:

[http://taylorandfrancis.metapress.com/\(mswv5045cmrj5j45xaba4iy0\)/app/home/contribution.asp?referrer=parent&backto=issue,6,11;journal,2,18;browsefavoritesresults,1:102849,1](http://taylorandfrancis.metapress.com/(mswv5045cmrj5j45xaba4iy0)/app/home/contribution.asp?referrer=parent&backto=issue,6,11;journal,2,18;browsefavoritesresults,1:102849,1)

Added:  
9 August 2006

record id: 5756

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*SPINZ Library: New Zealand Research Collection*  
Research article  
BEAU  
2006

**2006**

**Beutrais Annette L.**

**Suicide in Asia**

**in:**

**Crisis : the journal of crisis intervention and suicide prevention, 27(2), 55-57.**

Asian peoples  
New Zealand

Website:  
<http://www.psyjournals.com/>

notes:  
editorial

Added:  
11 August 2006

record id: 5769

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*SPINZ Library: New Zealand Research Collection*  
Research article  
BEAU  
2006

**2006**

**Beutrais Annette L.**

**Suicide prevention strategies 2006: guest editorial**

**in:**

**The Australian e-Journal for the Advancement of Mental Health, 5(1), 1-6.**

National strategies  
Prevention

Interventions  
Evaluation  
New Zealand  
Important Study

Website:

<http://www.auseinet.com/journal/vol5iss1/index.php>

notes:

abridged version appeared in Auseinetter, April 2006 online at  
<http://www.auseinet.com/resources/auseinet/netter26/>

Added:

31 August 2006

record id: 5798

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*SPINZ Library: New Zealand Research Collection*  
*Research article*  
*BEAU*  
*2006*

**2006**

**Beautrais, Annette. L.**  
**Wells, J. Elisabeth**  
**McGee, Magnus A.**  
**Oakley Browne, Mark A.**

**Suicidal behaviour in Te Rau Hinengaro: the New Zealand Mental Health Survey**

**in:**

**Australian and New Zealand Journal of Psychiatry, 40(10), 896-904.**

New Zealand  
Mental health  
Epidemiology

link to abstract:

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list\\_uids=16959016](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list_uids=16959016)

notes:

Te Rau Hinengaro: the New Zealand Mental Health Survey is online at  
<http://www.moh.govt.nz/phi/surveys/trh>

for the New Zealand Mental Health Survey Research Team.

Added:

11 January 2007

record id: 5820

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SPINZ Library: **New Zealand Research Collection**  
Book chapter (edited book)  
BEAU  
2006

**2006**

**Beautrais, Annette L.**

**Suicidal behaviour, ch. 7 in Te Rau Hinengaro: the New Zealand Mental Health Survey /  
edited by M. A. Oakley Browne, J. E. Wells, K. M. Scott.**

Published:  
Wellington, Ministry of Health

New Zealand  
Epidemiology

Website:  
<http://www.moh.govt.nz/moh.nsf/by+unid/3195F8D3155E1C2ACC2571FC00131A6D?Open>

notes:  
p. 99-114

Added:  
12 January 2007

record id: 5823

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SPINZ Library: **New Zealand Research Collection**  
Review  
BEAU  
2006

**2006**

**Beautrais, Annette L.**

**Review: Child Youth and Family: practices and processes in managing risks of suicide  
in residences.**

New Zealand  
Children  
Youth at risk  
Youth, institutionalised  
Institutionalisation

Website:  
[http://www.chmeds.ac.nz/research/suicide/Practices\\_process\\_in\\_managing\\_risks\\_residences\\_cyf\\_final\\_june\\_2006\\_4.pdf](http://www.chmeds.ac.nz/research/suicide/Practices_process_in_managing_risks_residences_cyf_final_june_2006_4.pdf)

notes:  
62 p.

May 2006

online full text access

"The background to this review is the suspected suicide death in 2005 of a young person in a Child Youth and Family residence. Despite the risk of suicide by young people in such residences officials responsible for the management of Child Youth and Family residences cannot recall any prior suicide or suspected suicide deaths occurring.

The purpose of this review is to determine if Child Youth and Family's processes and practices for managing children and young persons in residences who are at risk of suicide can be improved, and if so how this might be achieved" - pg 3

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Added:

17 January 2007

record id: 5848

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SPINZ Library: **New Zealand Research Collection**

Report

BEAU

2006

**2006**

**Beautrais, Annette L.**

**Fergusson, David M.**

## **A framework for selecting prevention approaches for the New Zealand Suicide Prevention Strategy**

New Zealand

Evidence based practice

New Zealand Suicide Prevention Strategy 2006-2016

Prevention programmes

Planning

Website:

[http://www.chmeds.ac.nz/research/suicide/Framework\\_Nz\\_Prevention\\_Strategy.pdf](http://www.chmeds.ac.nz/research/suicide/Framework_Nz_Prevention_Strategy.pdf)

notes:

"with the assistance of the Suicide Research Network:

C COGGAN, Ph.D, Safer Communities Trust, Auckland

C. COLLINGS, MB ChB, FRANZCP, Wellington School of Medicine & Health Sciences

C. DOUGHTY, Ph.D, Christchurch School of Medicine & Health Sciences

P. ELLIS, Ph.D, FRANZCP, Wellington School of Medicine & Health Sciences

S. HATCHER, BSc, MBBS, MMedSc, MRCPsych, FRANZCP, MD, University of Auckland

L.J. HORWOOD, MSc, Christchurch School of Medicine & Health Sciences

S. MERRY, MB ChB, FRANZCP, Cert Child & Adolescent Psychiatry, University of Auckland

R. MULDER, MB ChB, Ph.D, FRANZCP, Christchurch School of Medicine & Health Sciences

R. POULTON, Ph.D, University of Otago

L. SURGENOR, Ph.D, Dip Clin Psy, MNZCC Psych, Christchurch School of Medicine & Health Sciences" - page 1

"This document provides a conceptual framework for classifying suicide prevention initiatives, reviews evidence for their effectiveness, and makes recommendations for initiatives to be included in the New Zealand Suicide Prevention Strategy." - extract from Executive Summary, page 2

free full text online

27 pages.

Added:

30 January 2007

record id: 5902

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*SPINZ Library: **New Zealand Research Collection***

*Conference paper*

*BEAU*

*2006*

**2006**

**Beautrais, Annette L.**

**Suicide prevention: what we know and do not know.**

New Zealand

Epidemiology

Prevention programmes

Prevention strategies

Website:

[http://www.utpsychiatry.ca/DivisionsAndPrograms/SuicideStudies\\_docs/CASP2006.asp](http://www.utpsychiatry.ca/DivisionsAndPrograms/SuicideStudies_docs/CASP2006.asp)

notes:

PowerPoint presentation at Canadian Association for Suicide Prevention (CASP) International Conference, Toronto, October 25-27, 2006

46 p.

Free full text online

Added:

2 February 2007

record id: 5943

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*SPINZ Library: New Zealand Research Collection*

*Research article*

*BOD*

*2006*

**2006**

**Boden, Joseph M.  
Fergusson, David M.  
Horwood, L. John**

**Anxiety disorders and suicidal behaviours in adolescence and young adulthood:  
findings from a longitudinal study.**

**in:**

**Psychological Medicine, 1-10.**

Anxiety disorders

Youth suicide

New Zealand

link to abstract:

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list\\_uids=17109776](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list_uids=17109776)

notes:

"Data collected from the Christchurch Health and Development Study (CHDS), a 25-year longitudinal study of over 1000 participants"

Added:

11 January 2007

record id: 5816

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*SPINZ Library: New Zealand Research Collection*

*BOY*

*2006*

**2006**

**Boyes, Karen**

**Failing forward fast.**

**in:**

**Education today, Issue 1, Term 1, 27.**

Schools

New Zealand

Resilience

Risk factors

School-based prevention

Problem-solving

notes:

"Embracing experiences, errors and mistakes is essential in your classroom for maximising learning opportunities"

Added:

8 February 2007

record id: 5947

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*SPINZ Library: New Zealand Research Collection*

*Research article*

*CAR*

*2007*

**2007**

**Carter, Melissa**

**McGee, Rob**

**Taylor, Barry**

**Williams, Sheila**

**Health outcomes in adolescence: associations with family, friends and school engagement.**

**in:**

**Journal of Adolescence, 30(1), 51-62.**

New Zealand

Youth

Health promotion

Support

Family

Schools

Friends

Risk factors

Resilience

Survey

abstract: "A web-based survey was designed and administered to a random sample of 652 Year 11 students aged 16 years from all Dunedin high schools between 30th July and 31st

October 2001. Connectedness to family and friends, and school engagement were assessed, together with reports of various health compromising and health promoting behaviours" - from abstract

link to abstract:

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list\\_uids=16808970](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list_uids=16808970)

Added:  
18 January 2007

record id: 5854

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*SPINZ Library: Maori Research Collection*  
*Research article*  
*CLA*  
*2006*

**2006**

**Clark, Terryann**  
**Robinson, Elizabeth**  
**Crengle, Sue**  
**Watson, Peter**

**Contraceptive use by Maori youth in New Zealand: associated risk and protective factors**

**in:**  
**New Zealand Medical Journal, 119(1228), 27 January 2006**

Maori  
New Zealand  
Risk factors  
Youth at risk  
Sexual behaviour

Website:  
<http://www.nzma.org.nz/journal/119-1228/1816/content.pdf>

notes:  
10 pages

Added:  
9 August 2006

record id: 5757

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*SPINZ Library: New Zealand Research Collection*  
*Research article*  
*CUR*  
*2006*

**2006**

**Curtis, Cate**

**Sexual abuse and subsequent suicidal behavior: exacerbating factors and implications for recovery.**

**in:**

**Journal of child sexual abuse, 15(2), 1-21**

Sexual abuse  
Risk factors  
New Zealand

link to abstract:

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list\\_uids=16702144](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list_uids=16702144)

notes:

see also summary of this article in Te Awatea Review, 4(2), Dec. 2006, page 18 online at [http://www.vrc.canterbury.ac.nz/docs/Te\\_Awatea\\_Dec06.pdf](http://www.vrc.canterbury.ac.nz/docs/Te_Awatea_Dec06.pdf)

Added:

31 March 2006

record id: 5638

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*SPINZ Library: New Zealand Research Collection*  
*Report*  
*CUR*  
*2006*

**2006**

**Curtis, Cate**

**Final report: evaluation of Victoria University of Wellington's Suicide Prevention Policy.**

Published:

Felix Research

Tertiary student suicide  
Tertiary institutions  
Tertiary prevention  
New Zealand  
Evaluation  
Prevention programmes

notes:

76 pages. 16 November 2006, prepared for Victoria University of Wellington.

Accompanying materials:

from VicNews 6 October 2005 <http://www.vuw.ac.nz/vicnews/2005/051006.pdf>  
From the Vice-Chancellor:

## Responding to Suicidal Behaviour by Students

At Victoria, we are dedicated to doing all we can to ensure the wellbeing of our students - this includes a responsibility to look after both their physical and mental welfare, as part of our Healthy Campus Strategy. Flowing from this Strategy, a Suicide Prevention Plan has been developed over the past year and, from 2006, a new University-wide policy will be introduced to ensure all students displaying suicidal and self-harm behaviour receive immediate assistance. A key requirement of the Responding to Suicidal Behaviour by Students Policy is that general and academic staff must notify the suicide prevention team of at-risk students, who will then be assessed. This process takes away from staff the responsibility for measuring the degree of risk and need for follow-up and, by intervening early, aims to reduce the number of suicide-related incidents in the Victoria community. I encourage all staff to read more about the Policy in the news section below. Suicidal behaviour is a serious issue and the new policy is an assertive but compassionate response to this. Staff with any questions about the notification process are welcome to contact either Gerard Hoffman, Head of the Counselling Service, or Ruth Moorhouse, Director of Student Services.

Victoria University, Student Services, Counselling Service - Suicide Prevention  
Expanding the Safety Net: Safeguarding our students against Suicide web pages (1 Feb 2007) at [http://www.vuw.ac.nz/st\\_services/counselling/focus/suicide.aspx](http://www.vuw.ac.nz/st_services/counselling/focus/suicide.aspx)

Suicide Risk Notification form.

[http://www.vuw.ac.nz/st\\_services/counselling/focus/downloads/SRN-form.pdf](http://www.vuw.ac.nz/st_services/counselling/focus/downloads/SRN-form.pdf)

Suicide Prevention at Victoria University -Information for Staff, revised 18 May 2006  
[http://www.vuw.ac.nz/st\\_services/counselling/focus/downloads/SPP-info4staff-may06.pdf](http://www.vuw.ac.nz/st_services/counselling/focus/downloads/SPP-info4staff-may06.pdf)

Responding to suicidal behaviour by Students Policy - Student Policy Group, 30 Sept. 2005 (3 pages) <http://policy.vuw.ac.nz/Amphora!~policy.vuw.ac.nz~POLICY~000000001078.dot>

Identifying and assisting students at risk: advice for staff, brochure

[http://www.vuw.ac.nz/st\\_services/counselling/focus/downloads/students-at-risk.pdf](http://www.vuw.ac.nz/st_services/counselling/focus/downloads/students-at-risk.pdf)

Mental Health promotion and suicide prevention framework: a background paper / prepared by the VUW Suicide Prevention Working Group, 10 pages

[http://www.vuw.ac.nz/st\\_services/counselling/focus/downloads/prevention-background.pdf](http://www.vuw.ac.nz/st_services/counselling/focus/downloads/prevention-background.pdf)

Suicide Incident Report Form, reviewed 14 Dec. 2005

[http://www.vuw.ac.nz/st\\_services/counselling/focus/downloads/SIR-form.pdf](http://www.vuw.ac.nz/st_services/counselling/focus/downloads/SIR-form.pdf)

VicNews 17 July 2006

From the Vice-Chancellor

"On-line Staff Survey

This brief survey is being conducted by Victoria University's Mental Health Promotion and Suicide Prevention Steering Group and is being sent to all current Victoria staff in an effort to understand what concerns staff have about the issues of stress, mental health and suicide prevention amongst students at Victoria. The staff survey is part of a broader research project aimed at evaluating the implementation of the University's Responding to Suicidal Behaviour by Students Policy and helping guide future mental health promotion programmes on campus. We are also seeking to establish the level of staff awareness about a number of recently established initiatives aimed at helping address the above issues. The survey should take no longer than two minutes to complete, the research is completely confidential and your participation is very much appreciated. If you have not already received or responded to the emailed survey please use the following link to access the survey:

<http://www.vuw.ac.nz/surveys/mentalhealth&suicidemay2006/content/>

A link to the summary of the survey findings will be published in VicNews. We are also inviting interested staff to take part in a face-to-face interview. There is more detail at the end of the online survey. For further information about this research or these issues please contact either: Gerard Hoffman, Head of Counselling, on 463 5310 [gerard.hoffman@vuw.ac.nz](mailto:gerard.hoffman@vuw.ac.nz) or Ruth Moorhouse, Director of Student Services, on 463 5423 or [ruth.moorhouse@vuw.ac.nz](mailto:ruth.moorhouse@vuw.ac.nz)

Added:  
1 February 2007

record id: 5929

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SPINZ Library: **New Zealand Research Collection**  
Research article  
DID  
2006

**2006**

**Didham, Rebecca**  
**Dovey, Susan**  
**Reith, David**

**Characteristics of general practitioner consultations prior to suicide: a nested case-control study in New Zealand.**

**in:**  
**New Zealand Medical Journal, 119(1247), U2358**

New Zealand  
General practitioners  
Assessment

link to abstract:

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list\\_uids=17195851](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list_uids=17195851)

Website:  
<http://www.nzma.org.nz/journal/index.shtml>

Added:  
11 January 2007

record id: 5817

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SPINZ Library: **Maori Research Collection**  
PowerPoint Presentation hardcopy  
DUR  
2006

**2006**

**Durie, Mason**

**Effective interventions with young Maori**

Maori  
Youth development  
New Zealand

notes:  
Delivered at Kia Piki 4 Life hui at Whakatu Marae, 16 March 2006

20 pages of PowerPoint slides

Added:  
11 August 2006

record id: 5773

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*SPINZ Library: **New Zealand Research Collection***  
*Newspaper article*  
*ELD*  
*2006*

**2006**

**Eldred-Grigg, Stevan**

**River of despair**

**in:**  
**Press, 27 May 2006, p.D5**

[Access to means](#)  
[New Zealand](#)

notes:  
"Revisits several drowning incidents, both accidental and suicidal, in the Avon River during the late 19th century - abstract at <http://innz.natlib.govt.nz/cgi-bin/Pwebrecon.cgi?BBID=491138> - Index NZ

Added:  
18 January 2007

record id: 5855

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*SPINZ Library: **New Zealand Research Collection***  
*Newspaper article*  
*ELD*  
*2006*

**2006**

**Eldred-Grigg, Stevan**

**Sorry endings.**

**in:**  
**Press, 3 June 2006, p. D5**

[Access to means](#)  
[New Zealand](#)

notes:

"Revisits several prominent suicides that have taken place at Whitewash Head, Christchurch during the past century"- abstract <http://innz.natlib.govt.nz/cgi-bin/Pwebrecon.cgi?BBID=491431> - Index NZ

Added:  
18 January 2007

record id: 5856

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SPINZ Library: **New Zealand Research Collection**  
Research article  
FER  
2006

**2006**

**Fergusson, David M.**  
**Beautrais, Annette L.**

**New Zealand Suicide Prevention Strategy 2006-2016: advancing the Action Plan.**

New Zealand  
New Zealand Suicide Prevention Strategy 2006-2016  
Primary health care  
Research  
Prevention strategies  
Suicide Research Network (SRN) NZ

Website:

[http://www.chmeds.ac.nz/research/suicide/New\\_Zealand\\_Suicide\\_Prevention\\_Working\\_Paper1.pdf](http://www.chmeds.ac.nz/research/suicide/New_Zealand_Suicide_Prevention_Working_Paper1.pdf)

notes:

13 p.

Online full text access

From Introduction, page 2:

"This paper is part of a series of papers prepared by the Suicide Research Network (SRN) to assist in advancing the development of the New Zealand Suicide Prevention Strategy (NZSPS) (Associate Minister of Health, 2006). The SRN is a predominantly internet-based group of research workers with an interest in the areas of suicide research and prevention. All members of the network are circulated with working papers and are given the opportunity for comment. Those who participate in this way become part of the collective authorship of the working papers. The principal aim of this process is to ensure that the development of the NZSPS, and all action plans derived from it, are based on the best available research evidence - this has been identified as a key component of the NZSPS (Associate Minister of Health, 2006).

The first paper in this series (Beautrais, Fergusson et al., 2006) provided a review of the evidence on suicide prevention strategies and classified these along a continuum from those for which strong evidence of effectiveness was available to those for which evidence of potentially harmful effects exists. While this review served the purpose of identifying the types of suicide prevention activity that were likely to be effective (or harmful), the descriptions given of the programmes and strategies was necessarily brief and did not provide an adequate basis for translating the research evidence into an actual policy proposal. In this paper we address this task by: i. taking a linked group of programmes and approaches

that have shown considerable promise in suicide prevention; ii. relating these to existing New Zealand suicide prevention initiatives; and iii. developing a further policy proposal to both adapt and strengthen existing initiatives to develop effective suicide prevention strategies."

Series: Suicide Research Network (SRN) Working paper 1: Suicide Prevention Programmes in Primary Care

Added:  
17 January 2007

record id: 5847

---

*SPINZ Library: New Zealand Research Collection*  
Research article  
FER  
2006

**2006**

**Fergusson, David M.**  
**Horwood, L. John**  
**Ridder, Elizabeth M.**

**Abortion in young women and subsequent mental health.**

**in:**  
**Journal of Child Psychology and Psychiatry, 47(1), 16-24.**

Pregnancy  
Depression  
New Zealand  
Substance abuse  
Mental disorder

Longitudinal

link to abstract:

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list\\_uids=16405636](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list_uids=16405636)

Website:

<http://www.blackwell-synergy.com/doi/pdf/10.1111/j.1469-7610.2005.01538.x>

notes:

Christchurch Health and Development Study

free full text online

Added:  
30 January 2007

record id: 5901

---

SPINZ Library: **New Zealand Research Collection**  
Research article  
FER  
2006

**2006**

**Fergusson, David M.**  
**Poulton, Richie**  
**Smith, Paul F.**  
**Boden, Joseph M.**

**Cannabis and psychosis**

**in:**  
**British Medical Journal (BMJ), 332(7534), 172-175, (21 January)**

New Zealand  
Cannabis  
Substance abuse  
Psychotic disorders  
Risk factors

Epidemiology

link to abstract:

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list\\_uids=16424500](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list_uids=16424500)

Website:

<http://www.bmj.com/cgi/content/full/332/7534/172>

notes:  
free full text online

Added:  
2 February 2007

record id: 5932

---

SPINZ Library: **New Zealand Research Collection**  
Research article  
FLE  
2007

**2007**

**Fleming, Terry**  
**Merry, Sally**  
**Robinson, Elizabeth**  
**Denny, Simon**  
**Watson, Peter**

**Self-reported suicide attempts and associated risk and protective factors among secondary school students in New Zealand.**

**in:**

**Australian and New Zealand journal of psychiatry, 41, 213-221**

New Zealand

Risk factors

Protective factors

Schools

Suicide attempts

Youth suicide

link to abstract:

<http://www.informaworld.com/smpp/content~content=a771199172~db=all~order=page>

Added:

2 March 2007

record id: 5957

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*SPINZ Library: Pacific Peoples Research Collection*

*Research article*

*FOL*

*2006*

**2006**

**Foliaki, Siale A.**

**Kokaua, Jesse**

**Schaaf, David**

**Tukuitonga, Colin**

**Twelve-month and lifetime prevalences of mental disorders and treatment contact among Pacific people in Te Rau Hinengaro: the New Zealand Mental Health Survey.**

**in:**

**Australian and New Zealand Journal of Psychiatry, 40(10), 924-934.**

New Zealand

Pacific peoples

Mental illness

Survey

link to abstract:

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list\\_uids=16959019](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list_uids=16959019)

notes:

for the New Zealand Mental Health Survey Research Team.

Added:

1 March 2007

record id: 5955

---

SPINZ Library: *New Zealand Research Collection*  
Research article  
FOR  
2006

**2006**

**Fortune, Sarah**

**An examination of cutting and other methods of DSH among children and adolescents presenting to an outpatient psychiatric clinic in New Zealand.**

**in:**

**Clinical Child Psychology and Psychiatry, 11(3), 407-416.**

Self-harm  
New Zealand  
Youth at risk

link to abstract:

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list\\_uids=17080777](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list_uids=17080777)

Added:  
11 January 2007

record id: 5819

---

SPINZ Library: *New Zealand Research Collection*  
Research article  
FOR  
2006

**2006**

**Fortune, Sarah**  
**Clarkson, Hugh**

**The role of child and adolescent mental health services in suicide prevention in New Zealand.**

**in:**

**Australasian psychiatry : bulletin of Royal Australian and New Zealand College of Psychiatrists .14(4), 369-373**

New Zealand  
Mental health services  
Youth at risk

link to abstract:

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list\\_uids=17116074](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list_uids=17116074)

Added:  
12 January 2007

record id: 5827

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*SPINZ Library: New Zealand Research Collection*  
*Research article*  
*MIL*  
*2006*

**2006**

**Mills, Jennifer  
Wells, Carolyn**

**Employer liability for suicide**

**in:  
Safeguard, Sept/Oct. 2006, p.18-19.**

Legal issues  
New Zealand  
Workplace-based prevention

notes:

"A recent UK case raises new questions about employer liability for the long-term consequences of a work-related injury. Jennifer Mills and Carolyn Wells examine the issue from a New Zealand perspective."

Corr v. IBC Vehicles Ltd

Added:  
17 January 2007

record id: 5852

---

*SPINZ Library: New Zealand Research Collection*  
*Magazine Article*  
*OCO*  
*2006*

**2006**

**O'Connor, Teresa**

**Linking mental illness and suicide.**

**in:  
Kai Tiaki Nursing New Zealand, Sept. 2006, 19.**

Mental illness  
New Zealand

notes:

"Suicide is a leading cause of death worldwide. World Mental Health Day next month focuses on the links between mental illness and suicide"

Added:  
31 January 2007

record id: 5904

---

*SPINZ Library: New Zealand Research Collection*  
*Internet resource*  
*AUS*  
*2006*

**2006**

**Page, Anthea  
et al**

**Australian and New Zealand atlas of avoidable mortality**

Published:  
Adelaide, Public Health Information Unit, University of Adelaide

New Zealand  
Statistics

Website:  
[http://www.publichealth.gov.au/atlas\\_avoidable.html](http://www.publichealth.gov.au/atlas_avoidable.html)

notes:  
Produced by the Public Health Information Unit, University of Adelaide and the Ministry of Health, New Zealand

"The Australian and New Zealand Atlas of Avoidable Mortality aims to illustrate geographic and social variations in avoidable and amenable mortality rates both within and between Australia and New Zealand.

Avoidable and amenable mortality comprises those causes of death that are potentially avoidable at the present time, given available knowledge about social and economic policy impacts, health behaviours, and health care (the latter relating to the subset of amenable causes). We hope that this atlas will promote the use of avoidable mortality as an indicator to assist in monitoring the quality, effectiveness and productivity of the Australian and New Zealand health systems in the 21st century.

Overall, almost three quarters of all deaths at ages 0 to 74 years in Australia and New Zealand for the period 1997 to 2001 were considered to be avoidable: 71.5% in Australia and 74.4% in New Zealand. In Australia, 40.2% of these avoidable deaths are considered to be amenable to health care. In New Zealand, the proportion is higher, at 43.2%. Total mortality at 0 to 74 years accounted for 41.5% of deaths at all ages in Australia, and 43.7% in New Zealand." - from Executive summary, page xix

Printout of:  
Contents and Executive summary;  
Chapter 3 Avoidable mortality overview: Australia and New Zealand, 1997-2001

Added:  
11 January 2007

record id: 5818

---

*SPINZ Library: New Zealand Research Collection*  
*Research article*  
*PEN*  
*2006*

**2006**

**Penfold, Alison**  
**Hatcher, Simon**  
**Sullivan, Sean**  
**Collins, Nicola**

**Gambling problems and attempted suicide. Part I. High prevalence amongst hospital admissions.**

**in:**  
**International Journal of Mental Health and Addiction, 4(3), 265-272**

Gambling  
New Zealand  
Risk factors

abstract: "70 patients admitted to an Auckland hospital following a suicide attempt were screened with a brief problem gambling screen (the EIGHT Screen) by hospital staff" - from abstract.

link to abstract:

<http://www.springerlink.com/content/pq50015125634328/?p=dd4aa824362347a79634eff055f44d6d&pi=7>

Added:  
15 January 2007

record id: 5840

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*SPINZ Library: New Zealand Research Collection*  
*Research article*  
*PEN*  
*2006*

**2006**

**Penfold, Alison**  
**Hatcher, Simon**  
**Sullivan, Sean**  
**Collins, Nicola**

**Gambling problems and attempted suicide. Part 2. Alcohol abuse increases suicide risk.**

**in:**

**International Journal of Mental Health and Addiction, 4(3), 265-272**

Gambling

New Zealand

Risk factors

Alcohol abuse

abstract: "70 patients admitted to an Auckland hospital following a suicide attempt were screened with a brief problem gambling screen (the EIGHT Screen) by hospital staff" - from abstract.

link to abstract:

<http://www.springerlink.com/content/w7nn253345666113/?p=dd4aa824362347a79634eff055f44d6d&pi=8>

Added:

15 January 2007

record id: 5841

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*SPINZ Library: New Zealand Research Collection*

*Research article*

*PIR*

*2006*

**2006**

**Pirkis, Jane**

**Blood, R. Warwick**

**Beutrais Annette L.**

**Burgess, Philip**

**Skehan, Jaelea**

**Media guidelines on the reporting of suicide**

**in:**

**Crisis : the journal of crisis intervention and suicide prevention, 27(2), 82-87.**

Media Reporting

Contagion

Guidelines

New Zealand

link to abstract: <http://www.psychcontent.com/abstracts/hh/cr/2006/02/body-cr2702082.html>

Added:

11 August 2006

record id: 5768

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SPINZ Library: **New Zealand Research Collection**  
Research article  
POU  
2006

**2006**

**Poulton, Richie**  
**Hancox, Robert**  
**Milne, Barry**  
**Baxter, Joanne**  
**Scott, Kate**  
**Wilson, Noela**

**The Dunedin Multidisciplinary Health and Development Study: are its findings consistent with the overall New Zealand population?**

**in:**  
**New Zealand Medical Journal, 119(1235), U2002.**

New Zealand  
Youth development  
Health  
Youth

link to abstract:

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list\\_uids=16751825](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list_uids=16751825)

Website:

<http://www.nzma.org.nz/journal/index.shtml>

Added:  
12 January 2007

record id: 5824

---

SPINZ Library: **New Zealand Research Collection**  
Research article  
PUR  
2006

**2006**

**Purvis, Diana**  
**Robinson, Elizabeth**  
**Merry, Sally**  
**Watson, Peter**

**Acne, anxiety, depression and suicide in teenagers: a cross-sectional survey of New Zealand secondary school students**

**in:**  
**Journal of Paediatrics and Child Health, 42(12), 793-796**

Youth suicide  
Youth at risk  
Schools  
Anxiety disorders  
Depression  
New Zealand

link to abstract:

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list\\_uids=17096715](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list_uids=17096715)

notes:

"secondary analysis of a cross-sectional survey -'Youth2000' (New Zealand national survey of youth health)"

Added:

11 January 2007

record id: 5815

---

*SPINZ Library: New Zealand Research Collection*

*Research article*

SKO

2006

**2006**

**Skogstad, Philip**  
**Deane, Frank P.**  
**Spicer, John**

**Social-cognitive determinants of help-seeking for mental health problems among prison inmates**

**in:**

**Criminal behaviour and mental health, 16(1), 43-59.**

Prisoners  
New Zealand  
Help-seeking  
Mental health

Questionnaire

link to abstract:

[http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list\\_uids=16572490](http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list_uids=16572490)

Added:

8 August 2006

record id: 5751

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SPINZ Library: **New Zealand Research Collection**  
Research article  
SMI  
2006

**2006**

**Smith, Don**  
**Ellis, Pete**

**Surveying social workers**

**in:**  
**Social work now, August 2006, 4-10**

New Zealand  
Prevention programmes  
Social work

Website:  
[http://www.cyf.govt.nz/SocialWorkNow\\_3916.htm](http://www.cyf.govt.nz/SocialWorkNow_3916.htm)

notes:  
Full text access online  
"discusses the Towards Wellbeing suicide prevention programme from social workers' perspective"

Added:  
15 January 2007

record id: 5830

SPINZ Library: **Book Collection**  
Book

**2006**

**New Zealand Suicide Prevention Strategy: 2006-2016**

Published:  
Wellington, Ministry of Health

**New Zealand**  
National strategies  
Prevention

Website:  
<http://www.moh.govt.nz/moh.nsf/indexmh/nz-suicide-prevention-strategy-2006-2016>

notes:  
30 p.  
All ages strategy. Supercedes NZ Youth Suicide Prevention Strategy, 1998

Added:  
27 July 2006

record id: 5707

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SPINZ Library: **Book Collection**  
Report  
EPI  
SUI  
2006

**2006**

**New Zealand suicide trends : mortality 1921-2003 : hospitalisations for intentional self-harm 1978-2004.**

Published:  
Wellington, Ministry of Health

**New Zealand**  
Suicide rates  
Statistics

Website:  
<http://www.moh.govt.nz/moh.nsf/by+unid/3B2181D46D143DD8CC25723300713A92?Open>

notes:  
110 p.  
Published November 2006.

Replaces publication: Suicide trends New Zealand 1983 - 2003, published August 2006, withdrawn Sept 2006 (see record 5743)

"The authors of this report are Karen Blakey (Advisor, Epidemiology), John Wren (Senior Advisor, Epidemiology), Public Health Intelligence, Ministry of Health and

Irfon Jones (Research Assistant), GeoHealth Laboratory, Public Health Intelligence and the University of Canterbury." - [page ii]

Hon Jim Anderton media release:  
28/11/2006

<http://www.beehive.govt.nz/ViewDocument.aspx?DocumentID=27881>

#### Latest suicide data

Suicide Facts: 2004-2005 data, prepared by the Ministry of Health was released today, by Associate Health Minister Jim Anderton, at the 4th National Suicide Prevention Symposium in Dunedin. There were 486 suicide deaths in 2004 compared with 517 in 2003. The average suicide rate for 2002-2004 was 13.1 deaths per 100,000, a three percent decrease compared to 2001-2003 and a 19.6 per cent drop from the peak in 1996-1998.

"It is extremely encouraging to see that the suicide death rate has decreased and that the high hospitalization rates for intentional self-harm are now just starting to level off.

I have been very concerned by the high numbers of people hospitalised each year for intentional self-harm and the fact is that these numbers have been increasing for some time, as the other Ministry of Health publication released today shows," Jim Anderton said

The other publication is New Zealand Suicide Trends: Mortality 1921-2003, hospitalisations for intentional self-harm 1978-2004 and it shows the rate of intentional self-harm hospitalization increased substantially between the periods 1978-1980 and 1994-1996, and then again in the 1998-2000 period from 104.0 per 100,000 to 113.5 per 100,000. In the 2000-2004 period there were 4932 hospitalisations on average per year for the 2000-2004 period. In 2005 there were 4933 hospitalisations for intentional self-harm - a rate of 152.7 per 100,000 population. This is similar to the rate in 2004 (152.5 per 100,000).

Exploring the nature of intentional self-harm behaviours and suicide attempts is a key focus of this symposium because we all want to see these statistics go down, and I hope that these signs of leveling off of hospitalization rates for intentional self-harm are the beginning of a new downward trend," he said.

This publication is the first time historical data on suicide trends in New Zealand dating back to 1921 has been released by the Ministry of Health.

The first suicide peak was in 1927-1929 at 18.5 deaths per 100,000 population, followed by a steep decline until 1942. Rates remained relatively stable to the mid-1980s but peaked again in 1996-1998 at 16.7 per 100,000 population. By 2001-2003 the rate of suicide had fallen to 14.2 deaths per 100,000 population.

Associate Health Minister Jim Anderton says including historical information helps paint a broader picture of suicide trends in New Zealand and forms the basis for more detailed work into some of the causes behind the trends.

"This information is incredibly valuable. Publishing trends is an important part of informing prevention efforts and helps show whether progress is being made to reduce the rate of suicidal behaviours, both overall and for specific age groups."

Earlier this year the Ministry withdrew its publication Suicide Trends: New Zealand 1983-2003 because of an error in the computer code producing the figures that resulted in a significant undercount in the number of people reported as being hospitalised for an intentional self-harm event.

The Ministry took the opportunity to add to and improve the publication by including data on suicide deaths dating back to 1921, data on intentional self-harm hospitalisations dating back to 1978 and more detailed information by district health board area.

New Zealand Suicide Trends: Mortality 1921-2003, hospitalisations for intentional self-harm

1978–2004, details the patterns in suicide, using figures averaged over three years, which more clearly shows trends than comparing one year to the next. It does not look at the causes of suicide.

Both publications released today follow the release in June of the New Zealand Suicide Prevention Strategy 2006–2016, which focuses on reducing suicide and attempted suicide in all age groups through a range of prevention initiatives supported by Government, service providers, communities and families. A taskforce has been set up to develop the first five-year action plan to implement the strategy and in October a three-year advertising campaign was launched as part of the National Depression Initiative.

Some key findings of the 2004–2005 Suicide Data include:

Males continue to have a higher suicide rate than females. In 2002–2004 there were 3.1 male suicides to every female suicide, this did not change from 2001–2003.

The average rate of suicide for Māori was 17.1 deaths per 100,000 population in 2002–2004. This is a 13.2% increase from that of 2001–2003 (15.1 per 100,000 population) and a 17.9% decrease from that of 1996–1998.

The disparity between the average suicide rates of Māori and non-Māori males in 2002–2004 is the widest it has been in the previous eight years. In 2002–2004 the average suicide rates for Māori males and females were 26.9 and 7.9 deaths per 100,000 population respectively, and for non-Māori males and females, they were 18.4 and 5.9 deaths per 100,000 population respectively.

In 2004, among females, those aged 15–19 years had the highest suicide rates. In 2004, among males those aged over 85 years old had the highest suicide rate.

In 2005 females continued to have a higher hospitalisation rate than males. The sex ratio was 2.0 female hospitalisations to every male hospitalisation.

In 2005 the Māori hospitalisation rate for intentional self-harm was nearly one and a half times the non-Māori rate.

In 2005, among females, those aged 15–19 years had the highest hospitalisation rate. In 2005, among males, those aged 20–24 years had the highest hospitalisation rate.

Other key findings from New Zealand Suicide Trends:

During the period 1921–1987 suicide deaths were most common in those aged over 45 years but by 1987 suicide deaths were most common in those aged 15 to 24, followed by those aged 25–34 years.

Over time the male suicide rate has been at least double that of the female rate. The difference was greatest in 1930–1932 when there were 4.9 male deaths for every female death.

The sex disparity hospitalisation rates have remained relatively constant, ranging from 1.4 to 1.7 female hospitalisations for every male hospitalisation, but this has increased to 2.1 in 2001–2003.

NB: There is evidence that some types of media coverage of suicide can increase suicide rates. Responsible media reporting of suicide is encouraged. For information see *Suicide and the Media: The reporting and portrayal of suicide in the media* at [www.moh.govt.nz/suicideprevention](http://www.moh.govt.nz/suicideprevention)

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Series: Public health intelligence monitoring report ; no. 10

Added:  
12 January 2007

record id: 5826

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SPINZ Library: **Book Collection**  
Book  
Pre  
-You  
BAR

**2006**

**Barnett, Heather**  
**Lapsley, Hilary**

**Journeys of despair, journeys of hope: young adults talk about severe mental distress, mental health services and recovery**

Published:  
Wellington, Mental Health Commission

**New Zealand**  
Mental illness  
Youth at risk  
Crisis services

abstract: "It is a very thorough culturally relevant description from young adults of what its like becoming mentally unwell, getting help from crisis teams and others and recovering. If you haven't had lots of experience around mental illness as such my I suggest you have a read as it helps make some of the issues very real. Good info included re suicidality and getting help - very relevant to inform a lot of the teaching in the seminars and workshops" - TF

Website:  
<http://www.mhc.govt.nz/publications/2006/Journeys.pdf>

Contents:  
Acknowledgements;  
Mihī;  
Foreword;  
Introduction;  
Research Methods;  
Narratives of Adversity and Trauma: Relating Childhood and Teen Experiences to Later Disabling Mental Health Conditions;  
"Going Downhill": Declining Mental Health, Help-Seeking and Mental Health Crises;  
Young Adults Talk About Acute Services;  
Making Sense of Mental Health Services: After the Crisis;  
Recovery Journeys;  
Conclusions: Journeys Into Mental Distress, Pathways Through Mental Health Services, and Journeys Towards Recovery;  
References;  
Appendices;  
Glossary of Maori Terms

notes:  
112 p.  
"Young adults with severe mental health problems have unique challenges and patterns of service use. Not only do many people begin to use mental health services between the ages of 18 and 29, they are one of the largest groups of service users. The decisions, identity formation and life events experienced by young adults can have a powerful impact on the rest of their lives. Conversely, young adults often have a greater ability to grow and change than older adults. Yet mental health services do not always respond to young adults as a group, when they cluster people from 18 to 64 into adult mental health services. That is why the Mental Health Commission has interviewed forty young adults about their experience of mental distress, mental health services and recovery, and thematically analysed them in this report." from foreword

Added:  
17 August 2006

record id: 5790

---

SPINZ Library: **Book Collection**  
Book  
EPI  
SUJ  
2006

**2006**

**Blakey, Karen**  
**Rippon, Rebecca**  
**Walls, Helen**  
**Jones, Irfon**

**Suicide trends: New Zealand 1983-2003 [old edition - see notes]**

Published:  
Wellington, Public Health Intelligence, Ministry of Health

**New Zealand**  
Statistics  
Suicide rates  
In cataloguing

notes:  
100 p.  
HP 4288, August 2006

withdrawn from distribution 1 Sept 2006, media release Ministry of Health, 8 Sept 2006:

"Suicide statistics - re-publication of report

The Ministry of Health is withdrawing its publication Suicide Trends New Zealand 1983-2003 due to the way in which hospitalisation data was reported in the document.

The suicide-related hospitalisation data refers to intentional self harm events. In Suicide Trends each individual person hospitalised for a self-harm event was counted once. However where a person was hospitalised more than once for a separate self-harm event, the additional events were not counted when they should have been. This situation resulted in an undercounting of the number of self-harm events.

The Ministry is taking the opportunity to add some additional data to the Suicide Trends report that was not available at the time of publication. This will make this a more useful suicide reference report for New Zealand.

As a result of the changes to the hospitalisation data and the inclusion of new data the Ministry will re-publish the complete report under the title: New Zealand Suicide Trends: Mortality 1921-2003, hospitalisations for intentional self-harm 1978-2004. The expected publication date of this is early November.

Please note: The data in the original report was not incorrect, rather it was the way in which it was interpreted and written up. This occurred because this was the first time the Ministry had included hospitalisation data in this way. The error is regretted and the Ministry apologises for any confusion this may have caused.

Details of new data being included:  
The additional data relate to extending the time series of the hospitalisation data and the mortality data, in brief these are as follows:

#### Hospitalisation Data

The change: The time series for hospitalised injury data will be extended to 1979-2004 (it was 1983-2004).

The impact: Provide a longer time series allowing the trends and patterns of self harm to interpreted over a greater period of time

#### Mortality Data

The change: The time series of the mortality data will be increased from 1921-2003 (was 1983-2003) for age, gender and method, although we are limited to the original time series for ethnic breakdowns.

The impact: This will dramatically increase the information value of this document. The analysis of time trends can now be taken back as far as is practicable allowing a greater insight into the pattern and changing mode of suicide in New Zealand. This will allow this document to be a standard reference for suicide in New Zealand"

Ends

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Media release Hon Jim Anderton online at  
<http://www.beehive.govt.nz/ViewDocument.aspx?DocumentID=26645>

1/08/2006

Latest Suicide Trends

Suicide Trends backgrounder.pdf(113 kb) online at  
<http://www.beehive.govt.nz/Documents/Files/Suicide%20Trends%20backgrounder.pdf>  
(hard copy in NZ Clippings file - Statistics and epidemiology)

Suicide Trends: New Zealand 1983-2003, prepared by the Ministry of Health and released today, shows the suicide death rate has decreased by 15 per cent after peaking in the mid to late 1990s.

Suicide Trends details the patterns in suicide and suicide attempt over the past 20 years, using figures averaged over three years, which more clearly shows trends than comparing one year to the next.

Despite the number of self-inflicted deaths increasing from 465 in 2002 to 516 in 2003, three-yearly averages show suicide rates declining after peaking in the mid to late 90s.

It provides some comfort to see the long term trend still appears to be heading in the right direction, with a continued decline or levelling off of self-inflicted deaths but there is no room for complacency, said Jim Anderton, Associate Health Minister.

Any reduction in people taking their own lives is a good thing, but when you see the increase in attempted suicides, with hospitalisation rates up from 66.6 hospitalisations per 100,000 New Zealanders in the mid-1980s to 82.5 hospitalisations per 100,000 population from 2002-2004 you know there is still much to be done he said.

Publishing trends in suicide data is important to inform prevention efforts and to show whether progress is being made to reduce the rate of suicidal behaviours, both overall and for specific population groups, Jim Anderton said

This latest suicide trends publication adds to and extends the 2001 publication, Suicide Trends in New Zealand 1978-1998. It follows the release in June of the New Zealand Suicide Prevention Strategy 2006-2016 which focuses on reducing suicide and attempted suicide in all age groups through a range of prevention initiatives supported by Government, service providers, communities and families.

The Ministry of Health has set up a taskforce to develop and oversee the first five-year action plan to implement the strategy. The detailed plan is expected to be released next year, and will add to the range of suicide prevention initiatives already in place, such as the National Depression Initiative.

A Suicide Research Network has also been established to provide an evidence base for suicide prevention policy.

Suicide Trends: New Zealand 1983-2003 shows:

Between 1996-1998 there were 16.7 deaths per 100,000 New Zealanders. By 2001-2003, the rate had dropped to about 14.2 deaths per 100,000. This reduction is paralleled by similar decreases in other countries such as Australia.

Hospitalisation rates for attempted suicide have increased from 66.6 hospitalisations per 100,000 New Zealanders in the mid-1980s to 82.5 hospitalisations per 100,000 population from 2002-2004.

The 25 to 34-year-old age group has the highest suicide rate, though youth suicide rates remain a concern.

Suicide was more prevalent among men, with three times as many men as women dying by suicide between 2001 and 2003

Maori had the highest suicide rates, especially Maori males under 35 years old, between 2000 and 2003

Suicide and attempted suicide rates are highest in low socioeconomic areas

Women were more likely than men to be hospitalised for suicide attempts.

Suicide Trends: New Zealand 1983-2003 will provide baseline data for future trends reports which will be used to inform prevention efforts and to show whether progress is being made to reduce suicide in New Zealand.

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NB: There is evidence that some types of media coverage of suicide can increase suicide rates. Responsible media reporting of suicide is encouraged. For information see Suicide and the Media: The reporting and portrayal of suicide in the media at [www.moh.govt.nz/suicideprevention](http://www.moh.govt.nz/suicideprevention))

To access the full publication online go to <http://www.moh.govt.nz>

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8 August 2006

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Report

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2006

**2006**

**Devlin, Miranda**

**Suicide facts 2004-2005 data.**

Published:  
Wellington, Ministry of Health

**New Zealand**  
Statistics  
Suicide rates

Website:  
<http://www.moh.govt.nz/moh.nsf/by+unid/AF4CA441F5081C8FCC257230000E0C03?Open>

notes:  
25 pages  
Published November 2006  
HP 4326 Ministry of Health

Key Points (page vii)

Suicide deaths in 2004:

A total of 486 people died by suicide in 2004, compared with 517 in 2003. The average rate of suicide for 2002–2004 was 13.1 deaths per 100,000 population. This is a 3.0% decrease from the rate for 2001–2003 and a decrease of 19.6% from that in 1996–1998.

Males continue to have a higher suicide rate than females. In 2002–2004 there were 3.1 male suicides to every female suicide, which was unchanged from 2001–2003.

The average rate of suicide for Maori was 17.1 deaths per 100,000 population in 2002–2004. This is a 13.2% increase from 2001–2003 (15.1 per 100,000 population), but a 17.9% decrease from 1996–1998.

In 2002–2004 the average suicide rates for Maori males and females were 26.9 and 7.9 deaths per 100,000 population respectively, and for non-Maori males and females, the rates were 18.4 and 5.9 deaths per 100,000 population respectively.

The disparity between the average suicide rates of Maori and non-Maori males in 2002–2004 is the widest it has been in the previous eight years.

Among females, those aged 15–19 years had the highest suicide rates.

Among males, those aged over 85 years had the highest suicide rate.

Hospitalisation for intentional self-harm in 2005:

There were 4,933 hospitalisations for intentional self-harm in 2005, amounting to a rate of 152.7 per 100,000 population. This was virtually identical to the rate in 2004 (152.5 per 100,000).

Females continue to have a higher hospitalisation rate than males. The sex ratio was 2.0 female hospitalisations to every male hospitalisation.

The Maori hospitalisation rate for intentional self-harm was nearly one and a half times the non-Maori rate.

The hospitalisation rate for Maori males was over 1.75 times the rate for non-Maori males.

Among females, those aged 15–19 years had the highest hospitalisation rate.

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**2006**

**Rasanathan, Kumanan  
et al**

**A health profile of young Asian New Zealanders: findings of Youth2000 a national  
secondary school youth health survey**

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Asian peoples  
**New Zealand**  
Youth

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