

SPINZ, CASA & the University of Auckland are jointly hosting:

## A Forum on Suicide Prevention

*With presentations by:*

Dr Paul Quinnett and Dr Sarah Fortune:

**Dr Paul Quinnett** - Clinical Psychologist & CEO, QPR Institute, Washington State

**Presentation:**

“Oh, let’s just not talk about it: Challenges and Opportunities in Preventing Patient Suicide”

**Dr Sarah Fortune** - Consultant Clinical Psychologist

**Presentation:**

Suicide Behaviours and Mental Health Issues of Secondary School Students in New Zealand: Findings from the Youth2000 national health surveys in 2001 & 2007.

DATE: Wednesday 17<sup>th</sup> March 2010

TIME: 2.30pm – 4.30pm

PLACE: Tamaki Campus,  
Building 730 (School of Population Health)  
Level 2 Room 220  
The University of Auckland

RSVP: [s.grant@auckland.ac.nz](mailto:s.grant@auckland.ac.nz)

COST: Event is free of charge  
*Tea/Coffee will be supplied*

## PROFILES:

**Dr Paul Quinnett** \_Clinical Psychologist & CEO, QPR Institute

### Presentation:

“Oh, let’s just not talk about it: Challenges and Opportunities in Preventing Patient Suicide”

The presentation outline is set out below:

“Dr. Quinnett will address the challenges and opportunities for the detection, assessment, and management of suicidal patients in primary care settings. He will focus on current problems with suicide screens and the assessment of immediate risk, and will offer solutions for enhancing patient’s **safety by reducing the three most common preventable medical errors**. **His presentation will focus** on the evaluation and outcomes of using the Question, Persuade, Refer (QPR, <http://www.qprinstitute.com/>) emergency mental health intervention.

The learning objectives of the presentation are:

- Understand statistics about suicide
- Describe the benefits of intervention and treatment of suicidality
- Identify three avoidable practice errors
- Need for training in suicide risk assessment
- The relationship of mental illness and substance abuse to suicide
- Family-centric suicide risk assessment
- Evidence-based treatments: What works?”

## PROFILE:

**Dr Sarah Fortune** is a clinical psychologist and academic with a strong interest in suicide prevention. Her research interests include the epidemiology of self-harm and suicide and treatment interventions with young people and their families/whanau. Dr Fortune has recently returned from the UK where she was a Lecturer in Clinical Psychology at the University of Leeds and a Consultant Clinical Psychologist in the NHS. Prior to that she was a Post Doctoral Fellow with Professor Keith Hawton at the University of Oxford (2004 – 2006). She completed her PhD in Psychology at the University of Auckland in 2003 and her clinical training at University College Dublin under Professor Alan Carr (1996 – 1998).

### Presentation:

Suicide Behaviours and Mental Health of Secondary School Students in New Zealand. Findings from the Youth2000 national health surveys in 2001 and 2007.

The presentation outline is set out below:

Data from the Youth2000 series on suicidal behaviours and protective factors among adolescents will be presented. These data are based on two nationally representative samples of nearly 20,000 young people in Aotearoa/New Zealand. The epidemiology of suicidal thoughts, plans and attempts will be outlined including the prevalence in 2001 and 2007, differences across time and associations with known risk factors for suicide such as emotional wellbeing, depression, coping, alcohol binge drinking and sexual abuse.

The role and importance of protective factors against suicidal phenomena will also be presented with a particular focus on relationships with parents, experiences of school and access to health care services.